

## Goodrich St. Francis Resources

### General Resources

<b>Anoka County Senior Services</b>	<p><a href="https://www.anokacounty.us/DocumentCenter/View/795/Anoka-County-Resource-Guide-for-Seniors?bidId=">https://www.anokacounty.us/DocumentCenter/View/795/Anoka-County-Resource-Guide-for-Seniors?bidId=</a></p> <p>Is a PDF that is book marked on the office computer that could be printed for <b>seniors</b> who are looking for all the different services that are provided for them in the Anoka county area. It has a great list of MANY resources</p>
<b>Anoka County Community Social Services &amp; Behavioral Health</b>	<p><a href="https://www.anokacounty.us/421/Community-Social-Services-Behavioral-Hea">https://www.anokacounty.us/421/Community-Social-Services-Behavioral-Hea</a></p> <p>This brings you to the Anoka county website and has all sorts of services for adults, children, seniors, adults, families, chemical help, homelessness, behavioral services, and MANY more. Phone: 763-324-1400</p>
<b>The Senior LinkAge Line</b>	<p>Free service of the state of Minnesota that <b>connects older Minnesotans and their families with the help they need.</b></p> <p>The Senior LinkAge Line can connect you with:</p> <ul style="list-style-type: none"><li>- Financial assistance</li><li>- Home care</li><li>- Housekeeping and chore services</li><li>- Indian Elder Program</li><li>- Legal assistance</li><li>- Long-term care</li><li>- Meal delivery and nutrition</li><li>- Transitional consultation</li><li>- Transportation</li></ul> <p>Call 800-333-2433 <a href="https://mn.gov/senior-linkage-line/">https://mn.gov/senior-linkage-line/</a></p>
<b>www.mnbenefits.org</b>	<p>Apply for benefits in 20 minutes that could assist with:</p> <ul style="list-style-type: none"><li>- <b>Food assistance</b> → helps Minnesotans get the food they need. You'll get an EBT card that you can use like a debit card to buy groceries at most stores and farmer's markets.</li><li>- <b>Housing support</b> → helps seniors and adults with disabilities pay for housing costs. It helps prevent people from living in institutions or becoming homeless.</li><li>- <b>Cash programs</b> → helps people meet their basic needs until they are able to support themselves. You will get an EBT card that you can use like a debit card. Here are the most common cash programs:<ul style="list-style-type: none"><li>- Diversionary Work Program (DWP)</li><li>- General Assistance (GA)</li><li>- MN Family Investment Program (MFIP)</li><li>- MN Supplemental Aid (MSA)</li><li>- Refugee Cash Assistance (RCA)</li></ul></li><li>- <b>Child care assistance</b> → helps families pay for childcare so that parents can pursue employment or education.</li><li>- <b>Emergency assistance</b> → helps with shelter payments, such as past due rent, to stop evictions or foreclosure. It can also be used for utilities when there is a threat of disconnection.</li></ul>

<b>Findhelp.org</b>	Website that is based off of patients zipcode and will break down all the resources by categories (Food, Housing, Goods, Transit, Health, Money, Care, Education, Work, Legal) these categories dive deeper and have a ton of resources to offer for patients.	
<b>Phillips Neighborhood Clinic</b>	<b>Free Clinic</b> operated by University of Minnesota health professional students. All students are supervised by licensed clinicians. No appointments or insurance are necessary. <ul style="list-style-type: none"> <li>- <a href="http://phillipsneighborhoodclinic.com/">http://phillipsneighborhoodclinic.com/</a></li> <li>- Monday &amp; Thursdays 6:00pm - 9:00pm (except holidays)</li> </ul>	
<b>Housing</b>		
<b>Anoka County Housing Resource Line</b>	Visit: <a href="https://www.anokacounty.us/3474/l-am">https://www.anokacounty.us/3474/l-am</a> Or call 763-324-1215	-They help with <b>Connection to housing resources and Economic assistance</b> -For individuals seeking economic assistance, press option 1. Economic assistance can only be accessed once every 12 months. Individuals and families seeking shelter resources should press option 2. Youth aged 24 and under should press option 3. <u>This is not an immediate housing resource.</u>
<b>Life Prep Academy</b>	Call 763-203-2015	Offers housing and education for teens experiencing homelessness in the community. Due to COVID-19, we have suspended all services outside of the emergency overnight shelter.
<b>Anoka County Senior Housing Information</b>	<a href="https://www.anokacounty.us/DocumentCenter/View/22456/Anoka-County-Senior-Housing-Guide?bidId=">https://www.anokacounty.us/DocumentCenter/View/22456/Anoka-County-Senior-Housing-Guide?bidId=</a>	This PDF is book marked on the back office computer and is a great resource for <b>seniors looking for housing</b> in anoka county
<b>Stepping Stone</b>	763-323-7006  <a href="https://steppingstoneeh.org/how-to-get-help/">https://steppingstoneeh.org/how-to-get-help/</a>	Stepping Stone welcomes <b>adults aged 18 or older</b> . Although we have room for 66 residents, we also have a consistent waiting list of 50-100 individuals, depending on the season. Youth who are 18-24 years old and veterans receive priority on our waiting list.
<b>Metro Shelter Hotline</b>	888-234-1329	24-Hour hotline for <b>families and singles</b> for Metro area shelter vacancies
<b>Family Promise</b>	<a href="https://www.familypromiseanoka.org/">https://www.familypromiseanoka.org/</a>  Please call 763-568-7365.	Family Promise in Anoka County is NOT an emergency shelter. We run an Interfaith Hospitality Network (IHN) program. Our IHN provides temporary shelter, hospitality, and case management to assist families experiencing homelessness. <b>Families are allowed a maximum of 90 days</b> in this program and spend their time working on 3 main goals; Make Money, Save Money, Find Sustainable Affordable Housing. We

		have limited space available and always have a wait list. If your family fits <u>criteria for our program</u> , you will need to do an over-the-phone intake to be placed on our waiting list. Intakes are processed Monday through Friday from 9am-5pm. If your call is not answered please leave a message with your name and phone number and staff will return your call as soon as possible. Please call 763-568-7365.
<b>Food</b>		
<b>Praise Pantry</b>	First Baptist Church 22940 St. Francis Blvd. St. Francis, MN 55070 763-753-1230	The Praise Pantry is open on <b>Fridays 6:00pm to 7:00pm</b> . There are no income limitations. We ask the number of family members living in the home. A waiver needs to be filled out, and they ask for a \$3.00 donation, but it is not required.
<b>Manna Market</b>	Trinity Lutheran Church 3812 229th Ave NW St. Francis, MN 55070 763-753-1234	Manna Market is open on Friday. <b>Sign up is between 5pm and 6pm. A lottery system is in place</b> for food so that the people who always come at 5pm don't always get first dibs on food. They draw numbers for distribution. It is completely free for people/families in need
<b>NACE: North Anoka County Emergency Food Shelf</b>	18511 Highway 65 NW #200 East Bethel, MN 55011 763-434-7685	Open from 9:00 AM to 12:00 noon on Monday, from 5:00 to 8:00 PM on Tuesday, from 1:00 to 4:30 PM on Wednesday, and from 8:00 to 11:00 AM on Thursday. <b>You must bring your ID and have proof of the current address for all adult members of the household. Limit of one visit per month.</b>
<b>ACBC Emergency Food Shelf:</b>	2615 9th Ave. Anoka, MN 55303 763-422-0046	Monday: 12-3, by appointment only Tuesday 2-4, walk ins welcome Wednesday 9-12, appointment only Thursday 2-4, walk ins welcome Friday 9-10:45, <b>appointment only</b>
<b>Princeton Pantry</b>	104 6th Ave S Princeton, MN 55371 (763) 631-3578	Open Monday and Wednesday from 1-3/Open Friday from 9-11
<b>Home And Away Ministries Ruby's Pantry</b>	39404 Grand Ave North Branch, MN 55056 (651) 674-2537	Open the <b>2nd Saturday of the month</b> from 10-11:30

## Transportation

<p><b>Medlink Program by Anoka County Transit Unit</b></p>	<p>Call 763-324-3255 Or Visit: <a href="https://www.anokacounty.us/335/Medlink">https://www.anokacounty.us/335/Medlink</a></p>	<p>-Anoka County Transit Unit <b><u>offers rides for seniors and veterans</u></b> to and from medical, dental, and social service appointments throughout the Twin Cities region. -Your request must be received by noon on Wednesday of the week prior to your appointment. -To be eligible you <b><u>must be one</u></b> of the following: a veteran, over 60 years of age or a client of Anoka County.</p>
<p><b>The 30-Days Foundation</b></p>	<p>To apply, send an email to <a href="mailto:the30daysfoundation@live.com">the30daysfoundation@live.com</a>. - Once you send your email request, we will respond and begin the communication to see if we can assist you in some way, depending on our funds available at the time of your request.</p>	<p>The 30-Days Foundation provides a <b><u>one-time financial grant</u></b>, paid directly to a service provider, to help individuals and families who are in real life crisis.</p>
<p><b>EFA Angel Foundation</b></p>	<p>Call 612-627-9000 <a href="https://mnangel.org/financialassistance/">https://mnangel.org/financialassistance/</a></p>	<p>-This program helps people who are <b><u>older than 17 years old</u></b>. -This program serves those who are in <b><u>active treatment for cancer</u></b> (chemotherapy, radiation, bone marrow transplant, hospice, palliative care or surgery with a recovery time in excess of four weeks). Hormone therapy is not considered active treatment. -This program serves those who are living OR being treated in the seven-county metro area of Minnesota Anoka, Carver, Dakota, Hennepin, Ramsey, Scott, and Washington. -Must meet the financial guidelines set by Angel Foundation. This program provides assistance for basic, non-medical living expenses such as: - Food, Gas, Utilities, Rent or mortgage payments</p>
<p><b>Anoka County Community Action Program</b></p>	<p>Call 763-324-2318 Email <a href="mailto:Irina.Astashinsky@co.anoka.mn.us">Irina.Astashinsky@co.anoka.mn.us</a> to get more info  <a href="https://www.accap.org/transportation-solutions/">https://www.accap.org/transportation-solutions/</a></p>	<p>-Transportation Solutions helps <b><u>low income individuals</u></b> with assistance for car repairs, insurance and vehicle registration. This program provides: - Up to \$700 in grants for transportation costs -Assistance dependent upon current funding. Assistance is not available for non-running vehicles, transmissions,</p>

		engines and other major repairs.
<b>Anoka County Volunteer Transportation</b>	(763) 422-7087 <a href="https://www.anokacounty.us/3636/Transit">https://www.anokacounty.us/3636/Transit</a>	Transportation service for <b>seniors 60+ &amp;</b> clients receiving services from Anoka County Social Services. For medical, dental, & social service appointments only. Transportation provided for Veterans of any age to & from the VA Hospitals in Minneapolis, St. Cloud and Ramsey. Call between 9 am-12 pm Mon-Fri. Donations accepted.
<b>Transit Link dial-a-ride transit service</b>	<a href="https://metro council.org/Transportation/Services/Transit-Link.aspx">https://metro council.org/Transportation/Services/Transit-Link.aspx</a> 651-602-5465	Shared-ride public transportation for the Twin Cities metro area where regular route transit service is infrequent or unavailable. It's for trips that can't be accomplished on regular transit routes alone.
<b>Metro Mobility</b>	(651) 602-1111 <a href="https://metro council.org/Transportation/Services/Metro-Mobility-Home.aspx">https://metro council.org/Transportation/Services/Metro-Mobility-Home.aspx</a>	Subsidized, door-to-door transportation service for <b>eligible persons who are disabled</b> . Requires 4 day advance notice for each trip. Call for certification information. All vehicles are wheelchair accessible. Monday-Friday, 7:30am-4:00 pm.
<b>R &amp; D Transportation, Inc.</b>	(763) 767-1804	Medical Assistance, private pay, U-Care & Health Partners. Wheelchair accessible. Fax (763) 767-6209
<b>Utilities</b>		
<b>The 30-Days Foundation</b>	To apply, send an email to <a href="mailto:the30daysfoundation@live.com">the30daysfoundation@live.com</a> . - Once you send your email request, we will respond and begin the communication to see if we can assist you in some way, depending on our funds available at the time of your request.	The 30-Days Foundation provides a one-time financial grant, paid directly to a service provider, to help individuals and families who are in real life crisis.
<b>Minnesota Supplemental Aid</b>	<a href="https://mn.gov/dhs/people-we-serve/adults/economic-assistance/income/programs-and-services/msa.jsp">https://mn.gov/dhs/people-we-serve/adults/economic-assistance/income/programs-and-services/msa.jsp</a> Call 800-433-5239 (your nearest location)	Minnesota Supplemental Aid provides monthly cash support to help meet basic living expenses. It is mainly for people who receive Supplemental Security Income (SSI), but if your income is just over the SSI limit, you may also be eligible for Minnesota Supplemental Aid. <b>Eligibility:</b> <ul style="list-style-type: none"> <li>• Must be a Minnesota resident.</li> <li>• Must be a U.S. citizen or a qualifying noncitizen.</li> <li>• This program helps people who are older than 17 years old.</li> </ul>

		<ul style="list-style-type: none"> <li>• Must receive Supplemental Security Income. If not, must be eligible to receive it except your income is too high AND be age 65 or older or be blind or have a disability under SSI criteria.</li> <li>• Must meet an asset limit of \$2,000 for SSI recipients or \$10,000 for non-recipients.</li> </ul>
<b>Emergency General Assistance (EGA)</b>	<p>Apply online at ApplyMN or call the EZ Info line to request an application by mail or fax.  <a href="https://applymn.dhs.mn.gov/online-app-web/spring/public/process-login?execution=e2s1">https://applymn.dhs.mn.gov/online-app-web/spring/public/process-login?execution=e2s1</a>  Call 763-422-7200</p>	<p>Provides emergency assistance to eligible adults <b>without minor children</b> in the home to prevent homelessness or utility shut off.</p> <p>EGA helps eligible households that do not qualify for EA, MFIP, or DWP. EGA can be used once in a 12-month period.</p>
<b>Emergency General Assistance (EGA)</b>	<p>Visit our website to apply for services. Call to request an application by mail or fax.  <a href="https://www.anokacounty.us/199/Emergency-Programs">https://www.anokacounty.us/199/Emergency-Programs</a>  Call 763-422-7200</p>	<p>Anoka County provides Emergency Assistance to eligible families, <b>who have children in the home under age 18</b>, to prevent homelessness or utility shut off.</p> <p>Emergency Assistance can be used once in a 12-month period. Eligibility is based on income and assets at the time of application.</p>
<b>Energy Assistance</b>	<p>To apply for assistance please print an application or you can request one be mailed to you by calling. To submit your application, you can mail, fax or e-mail it in PDF format.  Call 763-783-4747  Email eapmail@accap.org to apply  <a href="https://www.accap.org/crisis-assistance/">https://www.accap.org/crisis-assistance/</a></p>	<p>Energy Assistance helps income eligible homeowners &amp; renters with assistance toward their heating &amp; electric bills during the cold weather season.</p> <ul style="list-style-type: none"> <li>• Must meet income eligibility requirements.</li> <li>• Must be a resident of Anoka County.</li> </ul>
<b>Safety</b>		
<b>The Dwelling Place</b>	<p>Call 651-776-4805  Email housing@thedwellingplaceshelter.org to get more info</p>	<p>Provides transitional housing for 18 months to women and their children escaping abuse. This length of time is necessary to allow women to focus on accomplishing their goals by engaging in the programs.</p>
<b>Alexander House</b>	<p>Call 888-780-2332 or 763-780-2330 for more information. Advocates work closely with each client to create a path to self-sufficiency for individuals leaving abusive relationships.  <a href="https://www.alexandrahouse.org/our-services/emergency-shelter/">https://www.alexandrahouse.org/our-services/emergency-shelter/</a></p>	<p>Domestic and Sexual Violence Shelter program provides food, toiletries, clothing, linens, diapers and laundry facilities. Advocates work closely with resident women, offering support and connecting them to valuable community resources.</p>

<b>Day One Services</b>	1-866-223-1111	Crisis hotline for help statewide for Domestic Violence, resources for victims of crime.
<b>Prescription Help</b>		
<b>NeedyMeds</b>	<a href="https://www.needymeds.org/">https://www.needymeds.org/</a>	
<b>Medicine Assistance Tool</b>	<a href="https://medicineassistancetool.org/">https://medicineassistancetool.org/</a> For more information, call 1-888-477-2669.	Helps qualifying patients without prescription drug coverage get the medicines they need through the program that is right for them. Many will get their medications free or nearly free
<b>Together Rx Access</b>	<a href="https://www.togetherrxaccess.com/">https://www.togetherrxaccess.com/</a> For more information, call 1-800-444-4106	Helps qualifying patients without prescription drug coverage save on hundreds of name-brand and generic products and connect patients to resources about coverage options.
<b>Financial Strain</b>		
<b>Minnesota Supplemental Aid</b>	<a href="https://mn.gov/dhs/people-we-serve/adults/economic-assistance/income/programs-and-services/msa.jsp">https://mn.gov/dhs/people-we-serve/adults/economic-assistance/income/programs-and-services/msa.jsp</a>  Call 800-433-5239 (your nearest location)	Minnesota Supplemental Aid provides monthly cash support to help meet basic living expenses. It is mainly for people who receive Supplemental Security Income (SSI), but if your income is just over the SSI limit, you may also be eligible for Minnesota Supplemental Aid. <b>Eligibility:</b> <ul style="list-style-type: none"> <li>● Must be a Minnesota resident.</li> <li>● Must be a U.S. citizen or a qualifying noncitizen.</li> <li>● This program helps people who are older than 17 years old.</li> <li>● Must receive Supplemental Security Income. If not, must be eligible to receive it except your income is too high AND be age 65 or older or be blind or have a disability under SSI criteria.</li> <li>● Must meet an asset limit of \$2,000 for SSI recipients or \$10,000 for non-recipients.</li> </ul>
<b>EFA Angel Foundation</b>	Call 612-627-9000  <a href="https://mnangel.org/financialassistance/">https://mnangel.org/financialassistance/</a>	-This program helps people who are <b>older than 17 years old.</b>  -This program serves those who are in <b>active treatment for cancer</b> (chemotherapy, radiation, bone marrow transplant, hospice, palliative care or surgery with a recovery time in excess of four weeks). Hormone therapy is not considered active treatment.  -This program serves those who are living



		<p>OR being treated in the seven-county metro area of Minnesota Anoka, Carver, Dakota, Hennepin, Ramsey, Scott, and Washington.</p> <p>-Must meet the financial guidelines set by Angel Foundation.</p> <p>This program provides assistance for basic, non-medical living expenses such as:</p> <ul style="list-style-type: none"> <li>- Food, Gas, Utilities, Rent or mortgage payments</li> </ul>
<b>MN Benefits</b>	www.mnbenefits.org	<p>Apply for benefits in 20 minutes that could assist with:</p> <p><b>-Food assistance</b> → helps Minnesotans get the food they need. You'll get an EBT card that you can use like a debit card to buy groceries at most stores and farmer's markets.</p> <p><b>-Housing support</b> → helps seniors and adults with disabilities pay for housing costs. It helps prevent people from living in institutions or becoming homeless.</p> <p><b>-Cash programs</b> → helps people meet their basic needs until they are able to support themselves. You will get an EBT card that you can use like a debit card. Here are the most common cash programs:</p> <ul style="list-style-type: none"> <li>- Diversionary Work Program (DWP)</li> <li>- General Assistance (GA)</li> <li>- MN Family Investment Program (MFIP)</li> <li>- MN Supplemental Aid (MSA)</li> <li>- Refugee Cash Assistance (RCA)</li> </ul> <p><b>-Child care assistance</b> → helps families pay for childcare so that parents can pursue employment or education.</p> <p><b>-Emergency assistance</b> → helps with shelter payments, such as past due rent, to stop evictions or foreclosure. It can also be used for utilities when there is a threat of disconnection.</p>
<b>Employment</b>		
<b>Supported Employment Services</b>	<p>Call 612-353-4595</p> <p><a href="https://accord.org/">https://accord.org/</a></p>	<p>Provides flexible, individualized employment supports - from start to finish - <b><u>to people with intellectual/developmental disabilities, severe and persistent mental illness, traumatic brain injuries, physical disabilities, and sensory impairments.</u></b></p> <p>Our goal is to develop customized jobs in the community that capitalize on each individual's interests, abilities, and personal goals.</p>



<b>Anoka County Job Training Program</b>	763-324-2300 - <a href="http://www.anokacounty.us/jtc">www.anokacounty.us/jtc</a>	We are one of several partner agencies who provide comprehensive services to job seekers and employers and are staffed with a team of employment counselors and other staff to provide employment related services.
<b>Education/Literacy</b>		
<b>Literacy Minnesota</b>	To find information about class offerings, schedules and locations of ABE programs across the state, visit our website( <a href="https://www.literacymn.org/classessforadults">https://www.literacymn.org/classessforadults</a> ), call 800-222-1990 or text 612-424-1211.	-Provides information on free adult basic education courses available to residents of Minnesota. -You must be at least 17 years old, not enrolled in K-12 public or private school, and lack basic academic skills in reading, writing, speaking and/or mathematics to be eligible for ABE services.
<b>Online GED Prep</b>	<a href="https://usahello.org/education/ged/">https://usahello.org/education/ged/</a>	-Completing this GED®/HiSet™ preparation class will help you be ready to earn your high school equivalency diploma. -These GED practice tests and preparation classes are online. You can take these classes on your phone or a computer. The classes are self-paced, so you can learn anytime.
<b>Without Walls (WOW)</b>	Call 800-551-1300 ext.3 <a href="https://www.childrenofthenight.org/">https://www.childrenofthenight.org/</a>	Without Walls (WOW) serves all ages of students (adults, children) seeking to learn academic and/or language skills required to escape sexual exploitation and/or poverty. There are no requirements. No fees. The student only needs access to a computer or mobile phone and a desire to learn. We do everything online from a call center in our shelter home. We can be available 24/7 to provide tutoring in any language.
<b>Mental Health</b>		
<b>Anoka County</b>	Learn more at <a href="http://www.mentalhealthmn.org/find-support/warmlines">www.mentalhealthmn.org/find-support/warmlines</a> . Or, call Adult Mental Health at 763-324-1420. Children's Mental Health at 763-324-1430.	We can suggest resources over the phone. We may even be able to meet with you at our offices to connect you to services that can be provided in your home, your community, or in other Anoka County offices.
<b>Anoka County Crisis Response line</b>	Call: 763-755-3801 Text MN to 741741	
<b>National Suicide Prevention Lifeline</b>	<a href="https://suicidepreventionlifeline.org/">https://suicidepreventionlifeline.org/</a> 1-800-273-8255	We can all help prevent suicide. The lifeline provides 27/7, free and confidential support for people in distress, prevention and crisis resources and best practices for professionals

